The Year 4C program

**GRICE**—Gippsland Regional Integrated Clinical Education

The delivery of the Year 4C medicine curriculum at Monash Rural Health Latrobe Valley & West Gippsland has been designed to reflect the styles of medical service provision in Gippsland. Students enrolled in Year 4C at Latrobe Valley & West Gippsland will build on clinical knowledge and skills acquired during Years 1-3/A-B and extend and consolidate these while undertaking studies in four discipline areas: General Practice, Psychiatry, Children’s Health (Paediatrics) and Women’s Health (Obstetrics and Gynaecology). The program comprises three blocks of 12 weeks across the academic year. Each block involves a six week intensive placement in one of the hospital based disciplines complemented by six weeks in General Practice with a focus on female patients, children or patients presenting with mental health issues depending on the student’s current rotation.

The disciplines

**General Practice**

In General Practice students are supervised under the wave model of consultation. Students observe the patient–doctor encounter, are observed interacting with patients and then consult with patients in parallel with their supervisor who sees two patients to the student’s one. At the end of the students’ consultation, the GP checks what has been done and provides feedback and answers any questions to support the students’ learning. Students can also work with other health professionals co-located in the practices for example psychiatric nurses, psychologists, practice nurses etc.

**Psychiatry**

Students complete clinical placements in the acute adult in-patient ward, aged psychiatry, child and adolescent mental health units, and community health centres. While based at Latrobe Regional Hospital students are rostered to observe electroconvulsive therapy and to work with the consultation liaison team.

**Women’s Health**

The Women’s Health rotation includes opportunities to attend handover, ward work, scrub-in in theatre, and witness and actively assist at births. Students are supervised by O & G consultants in outpatient clinics. Community placements include, for example, attending antenatal classes, observing patient flow-through in maternal and child health clinics, and consulting with women experiencing fertility issues.

**Children’s Health**

Students attend handover, work on the paediatric wards, and observe consultants in outpatient clinics. There are opportunities to scrub-in on paediatric surgical cases. Students are supervised dealing with children presenting to the emergency department. Immunisation clinics, schools for children with special needs are some of the examples of community placements in this discipline.

**Tutorials**

Tutorials addressing topics in each of the topic areas are presented by clinical educators based at either Traralgon or Warragul. Students attend in person, sometimes travelling between sites to do so. On occasion, tutorials are videoconferenced.

**Online modules**

In semester one students complete online modules dealing with evidence based clinical practice. In semester two, the topic is health services management.
Psychiatry placements are at Latrobe Regional Hospital, Traralgon. Women’s Health and Children’s Health placements are at Latrobe Regional Hospital or West Gippsland Healthcare Group, Warragul. Students are also allocated to teaching practices across Central and West Gippsland.

**Latrobe Regional Hospital**
Latrobe Regional Hospital is a 261 bed teaching hospital based in Traralgon West that offers a range of services across aged care, cancer care (including radiotherapy, chemotherapy and dialysis), elective surgery, maternity, rehabilitation and mental health.

**West Gippsland Hospital**
West Gippsland Hospital is an 83 bed facility that provides medical, surgical, obstetric, sub-acute, paediatric, emergency, and high dependency services to the local population.

### General Practices
Students are allocated to year-long placements at one of our partner general practices:
- Bank Place Medical Centre
- Central Gippsland Family Practice
- Hollie Drive Medical Centre
- Moe Medical Group
- Moe-Newborough Health
- Neerim South Medical Centre
- Tanjil Place Medical Centre
- Trafalgar Medical Centre
- Traralgon Medical Centre
- Yarragon Medical Centre
- Breed Street Clinic
- Gladstone Street Medical Clinic
- Latrobe Community Health Service
- West Gippsland Medical Clinic
- Saint Lukes Medical Centre

### About Gippsland
The Gippsland region has so much to offer and occupy you. Here is just a sample of what you can expect:
- miles of sandy beaches
- wineries
- gourmet food trails
- historic towns
- national parks
- theatres and cinemas
- night life
- shopping centres
- ski resorts

### How can I get more information?
**Contact the School of Rural Health**

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